

Fremont Surgery Center

North: 39472 Paseo Padre Parkway
Fremont, CA 94538

South: 2675 Stevenson Boulevard
Fremont, CA 94538

Office: (510) 793-4987

Fax: (510) 792-3227

WHAT TO EXPECT AT YOUR SURGERY CENTER

FREMONT SURGERY CENTER

PREPARING FOR YOUR PROCEDURE

1. You **must** arrange for a responsible adult to drive you home after your discharge from **the surgery center**. You may **not** go home in a taxi unless you are accompanied by a responsible adult. **Arrange for a responsible adult to be with you during the first 24 hours after your procedure for your protection and safety.**
2. If there is any change in your physical condition, such as a cold or fever, please notify your doctor.
3. **Do not eat or drink anything, including water or gum, after midnight the night before your procedure unless otherwise instructed.** Refrain from smoking the night before your procedure. If directed to do so at the pre-operative visit, take your regular medications with one small sip of water at the regular time. Bring your medications with you. You may brush your teeth, but do not swallow any water.
4. As a courtesy to the families in the waiting room, no children under 13 years of age are to be in the waiting room.
5. A Surgery Center Nurse will call you 1-2 days prior to your procedure. If we have not reached you, or you have any questions, please call the surgery center at (510) 793-4987.
6. Your appointment/surgery time is an estimate. We will make every attempt to meet this estimated appointment time. However, due to the individualized nature of health care, schedule variations may occur. Please make certain that we have a phone number where you can be reached on the day of your surgery should we need to contact you to adjust your appointment time.

FREMONT SURGERY CENTER

WHAT TO EXPECT THE DAY OF YOUR PROCEDURE

1. You will be required to sign a consent form for the procedure. If the patient is under 18 years of age, a parent or legal guardian must accompany the minor and sign the form.
 - If you are a legal guardian please bring proof of guardianship.
2. Please bring your insurance card and any special insurance claim forms your insurer requires.
3. Please bring if available:
 - Copy of any lab studies done within the past week.
 - Copy of any chest x-ray or electrocardiogram (EKG) done within the past six months.
4. Please arrive on time, at least one hour before the time your procedure is scheduled.
5. Remove all make-up, nail polish and hair pieces.
6. Wear loose, comfortable clothing such as a sweat suit, easy button shirt or blouse. This is important in the event that bandages are required after surgery.
7. **Leave Valuables at home, including all jewelry.**
8. If you wear glasses or contact lenses, bring your eyewear case for their safekeeping. Containers will be provided for removable dentures or bridgework.
9. You will be given written instructions for your care at home before leaving the Center.

FREMONT SURGERY CENTER

PREPARING FOR YOUR PROCEDURE

1. You **must** have a responsible adult drive you home after your discharge from the Surgery Center **and** to be with you during the first 24 hours.
2. After returning home, be sure to follow your doctor's orders regarding diet, rest, activity and medication.
3. It is not unusual to feel drowsy for several hours after your procedure. Do not sign any important papers or make any legal decisions until the feeling of drowsiness is gone.
4. Keep any bandages dry, clean and in place until instructed otherwise by your doctor.
5. A nurse will call you the next working day after your procedure to see how you are and to answer any questions you may have.
6. Do not drive, smoke, drink alcoholic beverages, operate heavy machinery or cook until the day after your procedure.
7. If an emergency should arise after you have been discharged from the Surgery Center, contact your doctor, or go to the nearest emergency room.
8. We may ask you to complete and return a questionnaire after your procedure which will help us evaluate the care you received at our facility.